



Volume 17, Number 1  
FEBRUARY/MARCH 2001

*As the famous saying  
might go...*

*"Ask not what your community can do for you ... ask  
what you can do for your community."*

Yes folks, it's SACWN membership renewal time, and we are sincerely hoping that you will keep on "doing" for your community by renewing your SACWN membership. SACWN's subscription year is February through January. Please complete and return the Subscription/Membership application found at the end of this newsletter so we can continue sending you information about our upcoming activities and events.

Thanks to your support and the work of your SACWN Steering Committee, our community now has a thriving lesbian social network that has grown to 400-plus women. Throughout the past year, many of you have gathered at the numerous and diverse activities provided for you and the rest of Sacramento's lesbian community, enjoying such events as dances, trips to Tahoe, picnics, golf tournaments, potlucks, poker games, camping trips, and Monarch's games and tailgate parties. But if we are to continue to grow and provide networking opportunities for you and the other wonderful women who keep our community safe and strong, we will need your ongoing participation.

Belonging to SACWN is, of course, vitally important to us all. However, your involvement doesn't have to stop there. Perhaps one of your New Year's Resolutions is to become more actively involved in your community. Let SACWN help you keep your resolution by volunteering to assist your

Steering Committee with one or more of the events planned for 2001. Just indicate on your application form your willingness to volunteer, and someone will contact you as opportunities arise.

Finally, please accept our thanks for your support of SACWN and our very warmest wishes for a wonderful year in 2001.

FRIDAY, MARCH 9TH

5:00 p.m. to 8:00 p.m.

2000 K Street  
at Faces  
Sacramento

SACWN'S  
SHAMROCK SOCIAL

LIVE MUSIC  
HORS D'OEUVRES  
a women's event

**P.O. BOX 19036  
SACRAMENTO, CA**



**95819-0036  
% (916)451-8034**

**E-MAIL:  
SACWN@CS.COM**

**WWW.SACWN.ORG**

#### **ACTIVITIES COMMITTEE**

*Diana L., 972-9465*

#### **MEMBERSHIP COMMITTEE**

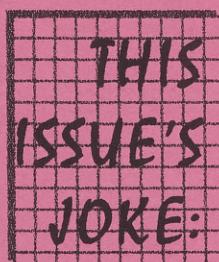
*Lydia, 344-9020*

#### **NEWSLETTER COMMITTEE**

*Sue, 944-7055*

#### **STEERING COMMITTEE**

*Sue  
Linda  
Diana L.  
Joyce  
Debbie  
Sandy  
Betty  
Nancy  
Lydia  
Ninna  
Dee  
Evelyn*



## **THE SACWN MISSION**

*SACWN's mission is to provide lesbians with social activities in a safe and vibrant environment, a supportive network, and resources to link our diverse community.*

## **SACWN NEWSLETTER POLICY**

This newsletter is entirely dependent on volunteers. Please remember that we also have full time jobs.

In order to be included in the next newsletter, material must arrive in our mailbox or at our e-mail address by the 12<sup>th</sup> of March. We encourage submissions (e.g., Letters to the Editor, news items, photos, etc.). Please type submissions and include your name and phone number for verification. Submissions on diskette (Word97) or by e-mail are especially encouraged.

**FREE ADS:** This section is for selling things of a personal nature, advertising for a roommate or tracking down a lost love. These ads are FREE to SACWN members who are advertising things of a personal nature (no business advertising).

**BUSINESS ADS:** Camera-ready ads are \$150 per business card size ad. Ads must be prepaid. Ads are on a 12-month/six issues per year basis. For more info, please contact Sandy at (916) 944-7055.

**NOTE:** The SACWN newsletter expresses the opinions of the authors, and does not necessarily represent the opinions of the Steering Committee or the general membership. The editor reserves the right to exclude and/or edit the length of letters and articles.

**CONFIDENTIALITY:** SACWN takes the following precautions to insure the privacy of its members:

1. The mailing list is never sold nor lent to anyone – be they other women's groups or inquiring lesbians.
2. The newsletter is always sent 1<sup>st</sup> class, rather than at the cheaper bulk rate.
3. Each newsletter is addressed to a specific subscriber, not "resident" or "household."
4. Newsletters are not sent to individual men.

Women who want to participate in the operation of SACWN are encouraged to contact any of the committee coordinators listed (to the left).

### *The Heterosexual Questionnaire*

What do you think caused your heterosexuality?

Is it possible your heterosexuality is just a phase you may grow out of?

If you've never slept with a person of the same sex, is it possible all you need is a good gay lover?

Why do you heterosexuals feel compelled to seduce others into your lifestyle?

A disproportionate majority of child molesters are heterosexuals. Do you consider it safe to expose your children to heterosexual teachers?

Why can't you ask the "fringe" heterosexuals, like swingers and Hell's Angels, to conform more?

Wouldn't that improve your image?

Why do you insist on being so obvious and making a public spectacle of heterosexuality?

Can't you just be who you are and also be discreet?

SACRAMENTO AREA COMMUNITY WOMEN'S NETWORK

*SACWN's*

# VALENTINES DANCE

February 10<sup>th</sup>, 2001  
8:00 pm to 1:00 am  
Portuguese Hall  
6676 Pocket Road  
Sacramento

\$20.00 in advance, \$25 at the door

## Music by RONI & THE FLIGHT

No Host Bar  
Light Hors D'oeuvres Provided  
Semi Formal or Formal Attire  
Women's Event

Tickets are available at the Open Book or by sending the coupon below by February 4<sup>th</sup> with a check or money order, and self addressed stamped envelope to:

SACWN  
PO Box 19036  
Sacramento, CA 95819-0036  
For additional information call (916) 451-8034

-----  
Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State & Zip code: \_\_\_\_\_ Phone #: \_\_\_\_\_

# Of Tickets:

## Special Interest Groups (SIGs) Bulletin

SACWN's SIGs are small, friendly groups of women who get together monthly (if not more often) to share activities of mutual interest. New members are always welcomed, so we encourage you to call the contact person listed to find out what activities are being planned.

If you are interested in forming a Special Interest Group (SIG), please contact Betty at 731-7192 with your idea. You could share a favorite hobby or interest with other women. We are looking for a leader for the Singles Group. It seems that every woman who takes this on ends up in a relationship. If you are interested in leading the Singles group or any other SIG, contact Betty at the above number.

### RAINBOW CAMPERS

Rainbow Campers, founded by the late Jayne Rountree, is a loose knit group of lesbians who get together and camp at preselected campgrounds each month, April through October. In memory of Jane we held an impromptu meeting while camping at Coloma and decided on the following trips for 2001:

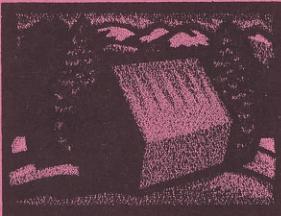
April 13,14,15 Coloma. Mary & Linda 732-5269.

June 15,16,17 Casini Ranch. Joyce & Barb 929-3074.

July 20,21,22 Olema (Pt. Reyes area). Joyce & Barb 929-3074.

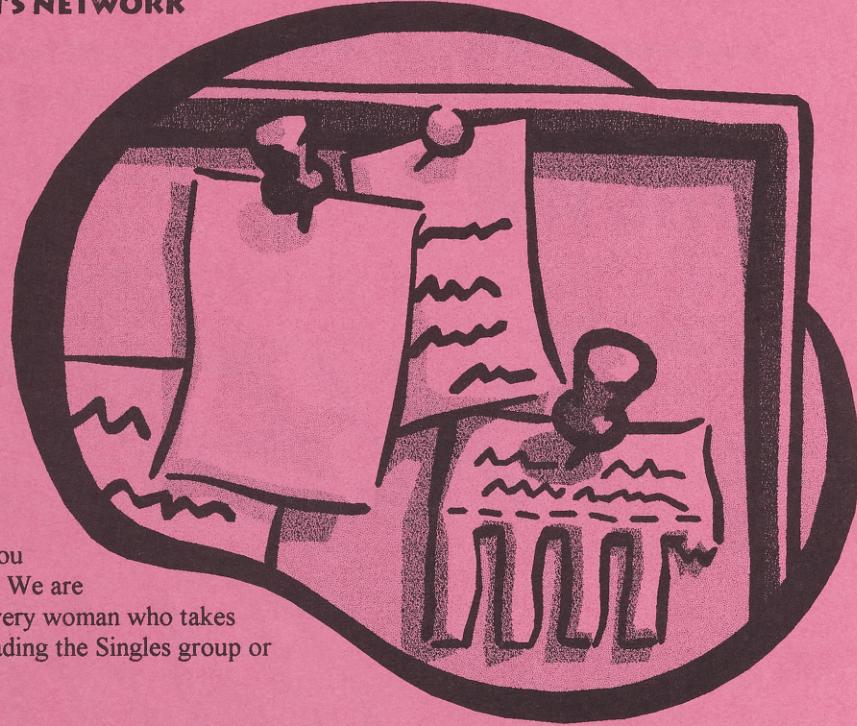
October 19,20,21 Coloma. Mary & Linda 732-5269.

These trips were decided "ad hoc". We have no trip ideas for May, August or September. Anyone willing to be a Wagon Master or who has an idea for where to camp, please call Barbara at 929-3074. Destinations should be easily reached for those who work and would not be able to travel until late in the day or the next day.



### How to Attend a Trip:

1. Call the Wagoneer for the trip(s) you want to attend. She will make the group reservation up to 60 days in advance of the scheduled camp date, so call her early.
2. The Wagoneer will tell you the site fee and cancellation date. She will request that you send her the fee for the number of nights that you plan to camp.
3. If you decide to cancel your reservation, call the Wagoneer before the cancellation date. Fee refunds cannot be made after the cancellation date.



### TOP 10

Top 10 is a group of women over 50 and women who love women over 50. Each month we get together for a meal at a local restaurant or for special at-home potlucks.

The Christmas Party at Betty & Dot's was a great success. Santa and her elf arrived just before dinner to help with the white elephant gift exchange. The gifts were all in good taste and the food plentiful!! Lots of fun!

Saturday, Feb. 11<sup>th</sup>-Potluck. 2:00PM. Bring a side dish and your favorite drink. Call Lavonne & Georgia by Feb. 7th, 967-3029, to RSVP and get directions. Saturday, March 17<sup>th</sup>-Potluck 2:30PM. Bring a side dish and favorite drink. Call Paula & Sharon, 967-0560, by March 14 to RSVP.

### GARDEN CLUB

The Garden Club shares information, plantings, takes landscape tours, and much more. If you're interested please e-mail me at [gpfgarden@cs.com](mailto:gpfgarden@cs.com) or call Glenda, 454-0246.



**ARTS & ENTERTAINMENT**

Saturday, Dec. 2<sup>nd</sup>, Eight of us met at the Crest Theatre to see "What's Cooking". It is a wonderful movie that I'm sure reminded some of us of our own stress inducing family get togethers over past holidays.

Sunday, Dec. 3<sup>rd</sup>, STC's production of "Shirley Valentine" starring Aviva Jane Carlin was outstanding before a sell out crowd.

Dec. 8<sup>th</sup>, four of us met at the Open Book for coffee before going to Dorion Gallery on Del Paso Blvd. to see the fantastic bronze sculptures created by Deidre Daugherty and Duane Hoskins. Their exhibit, entitled "He Said-She Said", was well attended and admired by many women from the community. We also visited Matrix Arts Gallery for the Fine Arts & Crafts Gift Show. Matrix had a very interesting installation art piece using hundreds of computer mice as the medium. Saturday Dec. 9, took in Evelyn's exhibition at L.L.A.C.E. of her thought provoking clay sculptures and paintings.

Dec. 21<sup>st</sup>, seven of us got together at Crocker Art Museum for the 3<sup>rd</sup> Thursday Jazz Concert series to hear vocalist, Carol J. Toca. He and his band got the crowd groovin' with his cool jazz and R&B music. He also treated us to a couple of Christmas songs for a change of pace.

Sharon and group finally made it to "Six Women With Brain Death". Everyone really enjoyed the show. Great entertainment.

A&E recommends Film, "You can count on me" with Laura Linney. A must see if you have a brother. New Year's Day four of us went to see "Chocolat" at the Century off Arden. This is an enchanting comic fable with an outstanding performance by Lena Olin as Josephine. "Cast Away" is another good film not to be missed. Terrific visual effects and Tom Hanks' performance is great. Walter O. Evans Collection of African American Art on exhibit at Crocker Art Museum through Feb. 25<sup>th</sup>. "....An exceptional gathering of paintings, sculptures, and works on paper...."

For information on upcoming events and to suggest an event for the group call Dee, 443-2377.

Volunteer to be an usher at a prominent playhouse and see the stage play as a thank you. Call Kathy 920-2162.

**SIGS, Continued****FOOL HOUSE POKER GROUP**

Feeling lucky? Then join us for a friendly game of poker the 2<sup>nd</sup> Friday of every month. Novice players welcome. I guarantee you'll have a good time. For game time and location, call Gretchen, 922-6287 or Mary, 723-5269.

**HALF FAST HIKING GROUP**

This is a well-organized, friendly group of serious hikers who know how to have fun. We are in our fourth successful year of day-hiking with hikes scheduled once per month all year long. We walk at a comfortable pace and usually average about five miles round trip on hikes that are rated easy to moderate. Call for a calendar of events and an information sheet. All newcomers receive a warm welcome. Please join us for the time of your life! Kathy 979-9374.

**NEWCOMERS**

Are you new to the area or the lifestyle? Want to meet new people? Give me a call and I will do all I can to provide you with information to help you get tuned in to the network of activities available. Diana, 487-3124.

**WOMEN'S MUSIC**

Are you interested in Women's Music? Do you want to support women musicians that have been involved in the women's movement for many years while having a good time? We will be going to live performances of women's music in Northern California. All are welcome to join us and have a good time. If you are interested in joining us or if you just want to know what performances are coming up call Pat at 363-7535. Make sure you ask for Pat! You can also e-mail me at pwood314@yahoo.com.

# Those New Year's Resolutions

by Ninna Bryan

Hi everyone! As a new member of the Steering Committee, I would like to very briefly introduce myself. My name is Ninna. I live in the Georgetown area and commute to Roseville every day for work. I'm excited about my new venture with SACWN and have been pondering what my first contribution to the newsletter would be.

At 12.01 a.m. on January 1, 2001, it hit me! What is it that's always so horrible about New Year's? You guessed it – the dreaded New Year's Resolutions. No matter where you're at, who you're with – it always gets brought up! I always blurt out the standard, "Oh, I plan to quit smoking", or "This year, I'm going to eat healthy and start exercising more." These plans are never made in vain. I have every intention of doing them. Until about the second or third week in January.

I recently read a wonderful article about New Year's Resolutions by Dr. Phillip McGraw. The following are some excerpts from his article, which I found extremely enlightening and very useful.

"New Year's comes and, like millions of others, you examine your life, find things are less than ideal (you have a lousy job, you're out of shape, you don't have any hobbies) and you begin dreaming of a better future. You're excited by the prospect of change: You launch a fitness program, start sending out resumes, buy a set of watercolors ... and then you fizzle out before actually incorporating any real changes into your daily routine. By spring or summer it is the same old you, the same old life.

You've fallen victim to one of the biggest myths ever – that all you need is a little more willpower. It's a highly overrated concept and can lead to great disappointment, particularly if you are working toward long-term change. The problem with willpower is that it is defined and fueled by emotions. Think about it: when you start your program you feel strong, committed and confident. You're highly motivated because emotionally you're on a high. You can do anything, right? But emotions tend to fade. No one can be up all the time. Soon you lose energy and become less committed. The less committed you feel, the more you find excuses not to exercise or eat right.

That's not to say willpower doesn't have its purpose. It's great in the short run. But willpower is not how you change your life in the long run. The way to achieve real change can be summed up in one word: PROGRAMMING. Unlike emotionally fueled willpower, good solid planning will carry you toward your goals even when you don't feel like it. Programming will get you out of bed on a cold February morning to go jog when you feel as if you'd much rather sink back into the mattress. To succeed long-term, you have to take emotions out of the equation – and to do that, you follow these five steps and reprogram your approach to your resolutions.

STEP 1: Choose a realistic goal. Resist the temptation

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to gloss over important details or omit them altogether. Focus on only those things over which you have control, and don't pursue outcomes that are unattainable.

**STEP 2: Quantify your goal.** Real goals must be measurable and observable; otherwise you'll be bogged down trying to figure out what you're actually aiming for. Serious goals leave no room for confusion about what is desired. Write it down.

**STEP 3: Define your goal in terms of small steps.** Goals must be carefully broken down into manageable steps that ultimately lead to the desired outcome. Don't try to create change in giant leaps. Be patient and let it happen over time.

**STEP 4: Set up a time line for achieving your goal.** You need a particular calendar date and a schedule for completion. "Someday" is not a day of the week. Be precise as to what you are going to do and when you are going to do it.

**STEP 5: Create a system to monitor your progress.** Without accountability, you are apt to con yourself – or fail to recognize poor performance in time to adjust your behavior. Ask a friend or a family member if you can report your progress to her on a regular basis. The thought of looking someone else in the eye and admitting failure is typically unpleasant enough to inspire you to stick with the program."



**Eileen Heinrich L.C.S.W.**  
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I think that by utilizing these five steps we can actually regiment ourselves to stick to our New Year's Resolutions. So, let's get out there and knock 'em dead!

## SPIRITUALLY SPEAKING:

*Happiness grows in our own firesides and is not to be picked in strangers' gardens.*

The old saying, "The grass is always greener on the other side of the fence" is an appropriate sentiment for some people. When we look at another couple or another family, we may only see the good points. We may look for the same good points in our own relationships and families and not find them. We then conclude our happiness, security, and contentment can only occur if we have what others have.

In an old comedy routine, a restaurant customer points to another diner and says to the waiter, "I'll have what she's having." The waiter immediately takes the half-eaten food from the other diner and gives it to her. However, we can't take the good things that others have, nor can we share them. We can only learn from them, making things better in our own relationships. Only we can make things good.

*Have I been envious of other people and what they have? Instead, I can discover what good I'd like to have in my life and take steps to bring this good from within me.*

### WANT SOMETHING SPECIAL?

**INLAID HARDWOOD PLAQUES**  
Each one unique and handmade  
See our website: [www.dkreations.com](http://www.dkreations.com)  
Or come in to 1906 – 18<sup>th</sup> Street, Sacto

**D' Kreations**

916-498-8561 or 888-778-8243  
email: [dfelio@pacbel.net](mailto:dfelio@pacbel.net)

## Demand Your Rights

There is a cliché that goes, "Be careful what you ask for, you might just get it." But today I did just that.

My partner and I recently availed ourselves of the new Domestic Partnership law which went into effect in January 2000 and filed our papers with the Secretary of State's office. While the rights afforded us under the current law don't approximate those extended to heterosexual couples and there is more work to be done, we are old enough to appreciate that things are changing and that it is but a first step down the path toward full marital benefits.

Moreover, signing those papers has created a psychic shift. No longer does Sandy feel like just my lover, or just my partner – in my heart she has become my wife and that is how I think of her. This marriage encompasses everything...our emotions, spirits, finances, goals, physical selves, households and families. It is good, it is right, and we are proud of who we are and how we are together. We don't feel that our relationship is in any way inferior and in no way feel apologetic for being lesbians or for loving each other. In fact, sometimes it is difficult not to sing it from the rooftops. That being said, we wanted to share with you just a very small inroad we made today ... one of those things that comes up in living one's daily life but one we handled a little bit differently as a result of our domestic partnership.

Okay, it is January and the time when many of us look at our waistlines and decide it is time to get back to the gym. I have had a membership at a local fitness center for the last couple of years and know that married couples get a price break when they sign up as spouses. This particular fitness center has the word "family" in their name, so I figured, "hey, we're family, they should give us a break too." Seriously, I fully expected to get some resistance when I asked to add Sandy onto my membership as my spouse, but I also felt strongly that we should get the same break as any other married couple. So, down to the gym I went today, armed with a copy of our Domestic Partnership filing which has a nifty little official stamp from the Secretary of State's office. What's the worst that could happen? They could look at me disapprovingly but, frankly, I don't give a rat's ass what anyone thinks about us because I think we are wonderful. They could say no, which would put us in the position of deciding whether to take legal action (which we would have). It turned out to be quite easy

after all. I merely asked how much it would cost to add my spouse, was quoted a figure, and quickly agreed. The young man was quite composed when I wrote down Sandy's name next to mine, and asked for a copy of the domestic partnership paper to attach to our file. I left feeling, to use a much overused term, "empowered."

This is but a small anecdote, but one that I think has application to so many areas of our lives. How often have we not demanded our rights because we feared rejection, disapproval or denial? How often have we settled for second class treatment when we could have been sitting in first class? We will never know what we can get until we try, until we stand up to be counted, until we not only believe we deserve but take action to obtain the rights and privileges extended to heterosexuals.

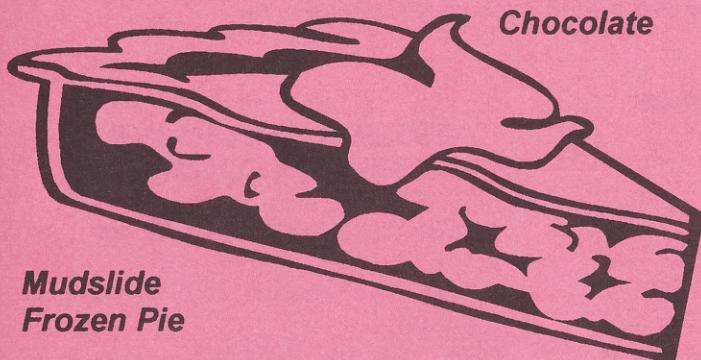
Today I had a small epiphany and so, I believe, did the young man with whom I dealt. Good for both of us! As long as we hide who we are, we will not become known as normal, fully functioning individuals who deserve to be treated fairly and with respect. As long as we don't ask, we will never know what we can get and where we can go. We owe it to ourselves and to each other to honor our relationships as the wonderful gifts that they are.



TOP 10 members contributed \$130.00 to purchase 288 each of Longs Lip Balm and Longs Pocket Tissue for a Christmas donation to Maryhouse. Maryhouse, part of Loaves & Fishes, offers daytime respite to homeless women and children. This is the third year in a row that TOP 10 has contributed lip balm and they also donate empty 35M film cartridges (used to contain lotion/shampoo for clients), and hotel lotion and shampoo bottles received from our TOP 10 travelers. TOP 10 would not be able to contribute the amount of lip balm and tissues without the cooperation of Longs Pharmacy at Howe & University Aves. Dot & Betty have worked out a wonderful price break for TOP 10 with this Longs Pharmacy. Any TOP 10 member will gratefully accept your contribution of empty film cartridges and hotel toiletries throughout the year.

# Take along Corner

Put that resolution to lose weight on hold just long enough to try this issue's delicious dessert recipe.



- 1 prepared 9-inch (9-oz) chocolate crumb crust
- 1 cup Nestle Toll House semi-sweet chocolate morsels
- 1 teaspoon Taster's Choice 100% Pure instant coffee
- 1 teaspoon hot water
- $\frac{3}{4}$  cup sour cream
- $\frac{1}{2}$  cup granulated sugar
- 1 teaspoon vanilla extract
- 1- $\frac{1}{2}$  cups heavy whipping cream
- 1 cup powdered sugar
- $\frac{1}{4}$  cup Nestle Toll House baking cocoa
- 2 tablespoons Nestle Toll House semi-sweet chocolate mini morsels

## DIRECTIONS

MELT 1 cup morsels in small, heavy-duty saucepan over lowest possible heat. When morsels begin to melt, remove from heat, stir. Return to heat for a few seconds at a time, stirring until smooth. Remove from heat; cool for 10 minutes.

COMBINE coffee granules and water in medium bowl. Add sour cream, granulated sugar and vanilla extract; stir until sugar is dissolved. Stir in melted chocolate until smooth. Spread into crust; chill.

BEAT cream in small mixer bowl until it starts to peak, then add powdered sugar and cocoa and continue to beat until stiff peaks form. Spread or pipe over chocolate layer. Sprinkle with mini morsels. Freeze for at least 6 hours or until firm.

We would love to receive your favorite recipes. Please send to SACWN, P. O. Box 19036, Sacramento 95819-0036, and we will try to include them in future newsletter issues.

**Deborah A. Brooks**  
Certified Public Accountant



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## Other Sacramento Area Events

The following non-SACWN groups are hosting special events during February and March that may be of interest to our membership. Our calendar page also lists these events. To have your event listed, send your submission to [sacwn@cs.com](mailto:sacwn@cs.com). Events are listed free on a space available basis.

### LAMBDA PLAYERS PRESENT:

KAREN THOMPSON, author of the book *Why Can't Sharon Kowalski Come Home?*, activist and advocate for the disabled and for the rights of gays and lesbians. She will be in Sacramento during Lambda Players' run of "Standing in the Shadows", Jan 26<sup>th</sup> thru Feb. 24th, a play loosely based on the events that led up to Karen's and Sharon's struggle. Karen will be in town for three days to do two speaking engagements and see the play.

CARING FOR THE DISABLED -  
MYTHS AND REALITIES  
Thursday, February 8th, 12 p.m.,  
FREE, Linde Auditorium, University  
Union, CSUS, 6000 J Street, Phone  
(916) 278-7912 for more info.

MENTAL HEALTH AND  
SPIRITUALITY Thursday, February  
8th, 8 p.m., 24th Street Theatre, 2791  
24th Street, \$5.00: Tickets available  
at the Open Book, 910 21st Street or  
call for reservations (916) 484-4742.

### CANDLELIGHT DINNER AT MICHELANGELO'S

Monday, February 12 between 6:00  
pm and 7:00 pm

Sacramento Valley CAPE presents a romantic dinner experience at Michelangelo's. Delicious entrees will be offered at reduced prices - reservations are required - The media will highlight this image of our love for each other, the essence of your lifestyle and agenda!

### WEDNESDAY EVENING READING GROUP

Wednesday evenings at 7:00 p.m.  
The Open Book, Ltd.  
910 21<sup>st</sup> St., Sacramento.

Started as a women's reading club, the Wednesday Night Reading Group has expanded into a lively discussion group of all sexes encompassing a wide range of literary and social topics. Gail Lang, an Open Book staff member and gay/lesbian literary history buff, facilitates this large group. The popularity of this group is the result of research and investigated work by its members and facilitator on a wide range of topics and reading interests. Becoming known as an evening to "meet people", the Wednesday Night Reading Group promotes interaction of its diversified members. Recent discussion topics: Spirituality, Lesbians in Sports, Sex. For more information, call The Open Book at 916-498-1004

### WOMEN'S DANCE

Join us every Friday night for a women's smoke-free, alcohol-free dance. There is a variety of dances, primarily country-western and line dances. Lessons start at 7:30, dancing from 8:00-10:30. Requested donation \$2.

Central United Methodist Church  
53<sup>rd</sup> and H Street, Sacramento For  
more information, contact Linda Hill  
at 916-332-6463

### "OUT FOR LAUGHS VII" - MODESTO, CALIFORNIA

Saturday, March 24 at 8:00 pm

At the State Theater, 1307 J Street,  
Modesto

Cost: \$14.00 BACW members;  
\$18.00 non members; \$24.00 day of  
event

#### Contact Information:

Faye Nunes  
Phone: (209) 529-1434

Presented by Central Valley BACW. The three performers are Roxanne Ward, Vickie Shaw, Lisa Koch, together they will perform their current show written by Lisa called "Feels Good, But You Know It's Wrong".

Each of the performers will also be performing individually for the first hour of the show.

These three comics have received raves wherever this show has appeared. They have been part of the "Olivia" family for a few years and will be performing this act on the trips to Portugal and Spain this year.

Doors will open at 7 pm. The show starts at 8 pm. Call Faye at (209) 529-1434 for info or for tickets, or call the State Theatre at (209) 527-4697 to order tickets that will be held at the door.

Send Checks or Money for tickets to:  
BACW, P.O. Box 578241, Modesto,  
CA 95357

# Subscription/Membership Application

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail: \_\_\_\_\_

Phone: \_\_\_\_\_

 NEW RENEWING**CATEGORIES****RATES**

Regular	\$24.00
Sustaining	\$48.00
Limited Income	\$12.00

*Rates are per household, per year and will be prorated based on the month in which you subscribe. The subscription year is February through January.*

Waiver: I am aware that certain risks or injuries could occur arising from my participation in SACWN, Inc. events and/or special interest groups. In consideration of the right to participate in such events, some of which may involve strenuous activity (i.e., hiking, golfing, skiing, cycling, etc.), I hereby assume all risks and will hold SACWN, Inc. and its members harmless from all liability which may arise in connection with these activities.

Signature \_\_\_\_\_ Date: \_\_\_\_\_

Signature \_\_\_\_\_ Date: \_\_\_\_\_

*Make Checks Payable to:***SACWN***Mail to:*

**SACWN**  
**PO BOX 19036**  
**SACRAMENTO, CA 95819-0036**

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- Decorations
- Publicity
- Dates

## Comments, Suggestions, Viewpoint

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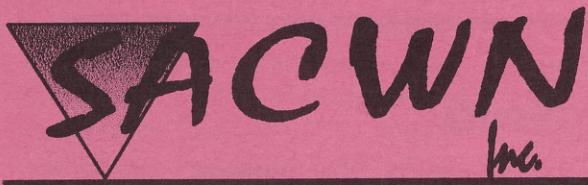
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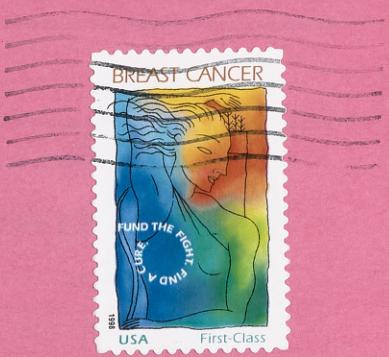
Want to contact us but don't want to write? SACWN has voice mail and e-mail! Call us at (916)451-8034. Leave a message and we will respond as soon as possible. Or you can send us e-mail at: [SACWN@cs.com](mailto:SACWN@cs.com).

Be My...



SACRAMENTO AREA COMMUNITY  
WOMEN'S NETWORK  
PO BOX 19036  
SACRAMENTO, CA 95819-0036

ADDRESS CORRECTION REQUESTED



Rosemary Metrailler  
Attorney at Law  
2206 K Street, Suite 5  
Sacramento, CA 95816

SACRAMENTO AREA COMMUNITY WOMEN'S NETWORK

*SACWN's*

# VALENTINES DANCE

February 10<sup>th</sup>, 2001

8:00 pm to 1:00 am

Portuguese Hall

6676 Pocket Road

Sacramento

\$20.00 in advance, \$25 at the door

## Music by RONI & THE FLIGHT

No Host Bar

Light Hors D'oeuvres Provided

Semi Formal or Formal Attire

Women's Event

Tickets are available at the Open Book or by sending the coupon below by February 4<sup>th</sup> with a check or money order, and self addressed stamped envelope to:

SACWN

PO Box 19036

Sacramento, CA 95819-0036

For additional information call (916) 451-8034

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State & Zip code: \_\_\_\_\_ Phone #: \_\_\_\_\_

# Of Tickets:

# Woman of Courage

The Lambda Players are proud to present

## Karen Thompson

In 1983 the Lives of Sharon Kowalski and Karen Thompson were forever changed when Sharon was involved in an auto accident that left her severely and permanently disabled and in need of constant care. It also launched a 7 year court battle to determine who would have control over her medical care, rehabilitation and even where she would live. It pitted her and her partner against the Kowalski family, medical practitioners and the court system and brought to the forefront of America the struggles that lesbians and gays face in medical emergencies. In recognition of their fight, Thompson and Kowalski were presented the "Women Of Courage Award" by NOW at their 1990 National Convention

Thompson is coming to Sacramento in conjunction with the performance of "Standing in the Shadows," a play being performed by the Lambda Players that is loosely based on the lives of Kowalski and Thompson. She will be telling of her life with Kowalski and their battle against the court system. She will also speak about mental health and spirituality - her experiences as a woman and how she has kept healthy.

She will be making two speaking appearances on Thursday, February 8. She will speak first at California State University Sacramento in the Redwood room at noon. This is a free event and is open to the public. Later that evening she will be speaking at the 24th Street Theatre, 2791 24th Street. at 8p.m., tickets are \$5. She will also be attending a performance of "Standing in the Shadows" on Friday

A special thanks to CSUS, CAPE, SIGLFF, SACWN and Sacramento NOW for their support

standing  
in the  
shadows



A Play by  
Rosemary McLaughlin  
Directed by  
Marsha Swayze

**January 26 - February 24**  
8p.m. Fridays and Saturdays

**The Geery Theatre, 2130 L Street, Sacramento**  
Tickets are \$10 in advance at The Open Book or by reservation, Call 484-4742  
and \$12 at the door the evening of performances.

Sponsored by:  
Sports Leisure Vacations & Sacramento Metropolitan Arts Commission



# Subscription/Membership Application

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail: \_\_\_\_\_

Phone: \_\_\_\_\_

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## Events for 2001

(Check your SACWN Newsletter for details)

**February:** Valentine's Dance  
Saturday, Feb. 10th

**March:** Shamrock Social @ Faces  
Friday, March 9th

**April:** Spring Hop Dance

**May:** Cinco de Mayo Social  
Potluck Picnic

**June:** Monarch's Game & Tail Gate Party  
Golf Tournament

**July:** Zodiac Social

**August:** Monarch's Game & Tail Gate Party

**September:** Fall Social  
Tahoe Bus Trip

**October:** Halloween Dance

**December:** Winter Social  
New Year's Eve Semi-Formal  
Dinner Dance

BE MY



**SACWN**  
*Inc.*

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